

15SEPTEMBER2023



### Training Course for Physiotherapists in Parkinson's Disease

Fresco Parkinson Institute - Via Sant'Apollinare 10, Fiesole (FI)

ECM

Fresco<sup>®</sup>
Parkinson
Institute

in partnership with



## **PROGRAM**

### **SPEAKER**



### **Meg Morris**

### La Trobe University Australia

Professor Meg E. Morris is a Physiotherapist, Implementation Scientist and world expert in exercise, physical therapies and rehabilitation for people living with Parkinson's disease and related disorders.

### **FACULTIES**

### Massimo Cincotta

San Giovanni di Dio Hospital - Firenze

### Paola Vanni

Santa Maria Annunziata Hospital - Firenze

### Daniele Volpe

Fresco Parkinson Center Villa Margherita-S.Stefano Riabilitazione Vicenza

### FRIDAY 15 SEPTEMBER

Chair: P. Vanni

### 9.00

Epidemiology and clinical features of Parkinson's disease M. Cincotta

### 9.45

Pathophysiological bases of rehabilitation in Parkinson's disease

D. Volpe

### 10.30

Axial disorders and rehabilitation in Parkinson's disease D. Volpe

### 11.00 Coffee Break

### 11.30

Physical therapy, exercise & rehabilitation for Parkinson's disease

M. Morris

### 12.15

Complementary therapies for Parkinson's disease M. Morris

### 13.00 Light Lunch

### 14.30

Assessment of movement disorders, gait, falls and disability M. Morris

### 15.15

Non-motor symptoms and their management in Parkinson's disease

M. Morris

### 16.00

Aquatic therapy in Parkinson's disease

D. Volpe

### 16.30

Discussion & Conclusion

# INFORMATION

### **RATIONAL**

Parkinson Disease (PD) is a chronic neurodegenerative disorder with an exponential growth in the incoming future.

In last decade there is a strong evidence on the effects of physiotherapy in promoting neuroprotection, neuroplasticity and motor learning slowing down the progression of the disease. PD is a complex disease which needs an integrated and comprehensive model of care where rehabilitation plays a crucial role with its potential disease modifying role impacting the quality of life of people with PD with their caregivers.

Indeed, it is necessary a multidisciplinary approach with an interdisciplinary team composed by different professionals on rehabilitation where the physiotherapist plays a key role. The goal of this course is to train physiotherapists with a specific expertise in rehabilitation of PD providing theoretical-practical education based on international guidelines for physiotherapy and updated scientific evidence in PD. The course will be conducted by Prof. M. Morris a worldwide opinion leader of physiotherapy in PD.

### **REGISTRATION:**

Registration online through platform www.frescofoundation.eu

Registration closes on 7 September 2023.

COURSE FEE: € 90.00

### **PAYMENT:**

### **Bank Transfer:**

Fresco Parkinson Institute ONLUS
IBAN: IT86 W030 6902 9241 0000 0008 266
BIC: BCITITMM
SWIFT: BCITITMMXXX
Please specify in the reason for payment:

Name Surname of the participant, Course code

390758

### Paypal or Credit Card:

paypal.me/FrescoinstituteIT

**ACCREDITATION FOR:** Physiotherapists, Neurologists,

Physiatrists, Geriatricians

**ECM CREDIT**: 9.6

**COURSE CODE**: 6633-390758

### **OBIETTIVO FORMATIVO NAZIONALE:**

1 - Applicazione nella pratica quotidiana dei principi e delle procedure dell'evidence based practice (EBM - EBN - EBP)

### **CONTACT INFORMATION AND COURSE VENUE:**

### Fresco Parkinson Institute Italia Onlus

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